



# 2010 Summer Camp Schedule

Below you will find a sample of a weekly schedule of activities for this summer! This schedule is just a snapshot of what a typical day/week will look like. Campers are grouped by age with the youngest being in groups in Division 1 and the oldest in Division 3. We have also provided a breakdown of activity times and the days spent in the pool, ocean and at Nickerson Beach this summer!

**Key:**

<b>BMRC</b> = Bishop Molloy Recreation Center in Point Lookout	<b>PL Park</b> = Point Lookout Park ( 5 minute walk from Rec. Center)
<b>NB</b> = Nickerson Beach (3minute shuttle from Rec. Center)	<b>Sands</b> = Sands Pool & Beach (5 minute shuttle from Rec. Center)

## A Week at Oasis this Summer...

	Activity 1	Activity 2	L U N C H	Activity 3	Activity 4	
<b>Monday</b>						
Division 1	Pool @ Sands	Pool @ Sands			Sports @ PL Park	Art @ BMRC
Division 2	Sports @ PL Park	Music @ BMRC			Pool @ Sands	Pool @ Sands
Division 3	Music @ BMRC	Dance @ BMRC			Games @ Sands Beach	Ocean @ Sands
<b>Tuesday</b>						
Division 1	Music @ BMRC	Dance @ BMRC			Skateboarding @ NB	Ocean @ NB
Division 2	Skateboarding @ NB	Ocean @ NB		Music @ BMRC	Sports @ PL Park	
Division 3	Sports @ NB	Skateboarding @ NB		Ocean @ NB	Nature @ NB	
<b>Wednesday</b>						
Division 1	Art @ BMRC	Sports @ PL Park		Pool @ Sands	Pool @ Sands	
Division 2	Dance @ BMRC	Art @ BMRC		Games @ Sands Beach	Ocean @ Sands	
Division 3	Pool @ Sands	Pool @ Sands		Art @ BMRC	Music @ BMRC	
<b>Thursday</b>						
Division 1	Music @ BMRC	Dance @ BMRC		Nature @ NB	Ocean @ NB	
Division 2	Sports @ NB	Skateboarding @ NB		Ocean @ NB	Nature @ NB	
Division 3	Skateboarding @ NB	Ocean @ NB		Dance @ BMRC	Sports @ PL Park	
<b>Friday</b>						
Division 1	Sports @ PL Park	Skateboarding @ BMRC		Games @ Sands Beach	Ocean @ Sands	
Division 2	Pool @ Sands	Pool @ Sands		Dance @ BMRC	Art @ BMRC	
Division 3	Art @ BMRC	Sports @ PL Park		Pool @ Sands	Pool @ Sands	

Activity Times	
<b>EARLY DROP-OFF</b>	8:00am - 8:30am
<b>DROP-OFF</b>	8:30am-9:00am
<b>MORNING RALLY</b>	9:00am-9:45am
	<i>5 minute shuttle if necessary</i>
<b>1st ACTIVITY</b>	10:00am - 11:15am
<b>SNACK</b>	11:15am- 11:30am
<b>2nd ACTIVITY</b>	11:30am - 12:15pm
	<i>5 minute shuttle if necessary</i>
<b>LUNCH</b>	12:30pm - 1:30pm
	<i>5 minute shuttle if necessary</i>
<b>3rd ACTIVITY</b>	1:45pm - 3:00pm
<b>4th ACTIVITY</b>	3:00pm - 4:15pm
	<i>5 minute shuttle if necessary</i>
<b>POPSICLES</b>	4:30pm - 5:00pm
<b>PICK-UP</b>	5:00pm - 5:30pm
<b>LATE-STAY</b>	5:30pm - 6:00pm

BREAKDOWN (the important stuff!)	
<b>INSTRUCTIONAL SWIM:</b>	5-day campers will receive instructional swim 2 days per week. They will have extended swim periods (1.5 hours each) and will be swimming at The Sands Pool.
<b>OCEAN:</b>	5-day campers will be at the ocean a minimum of 3 days per week. They will be at Nickerson Beach and at The Sands Beach.
<b>TOTAL SWIM TIME:</b>	<b>5-day campers will be in the water every day</b> between the pool and the ocean.
<b>SHUTTLES:</b>	Bus shuttles will be used for activities at Nickerson Beach and at the Sands Pool/Beach. The 5-min. shuttles will be on air-conditioned school buses and campers will travel by division with a leadership staff member being present at all times.
<b>PICK-UP/DROP-OFF:</b>	<b>BMRC</b> is our homebase this summer acting as our pick-up/drop-off and camp office location.
<b>NICKERSON BEACH:</b>	We will be visiting Nickerson Beach (ocean, fields, skatepark, etc.) every Tuesdays and Thursdays.