



# DOBBS FERRY

## ACTIVITY

## DESCRIPTIONS

In this booklet you will find an explanation of most activities offered at camp. There are many unique activities geared to every individual camper. Please read the descriptions and if you have any questions, please call the camp office.



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## FRIENDSHIP BRACELETS

Learn different types of intricate designs and patterns to make amazing bracelets for yourself and friends.

## JEWELRY & BEAD MAKING

Learn how to make your own necklaces, bracelets and earring using beads. Wear your own or make them

## SLIME, SLIME ALL THE TIME

Be prepared to get messy!!! Campers will make Fluffy Slime , Neon Green Ooze , Unicorn Slime, Spider Web Slime, and Rainbow Slime.

## EVERYTHING GLITTER

Campers use glitter and many different types of glitter to decorate signs, and posters.

**\*\* New for 2022\*\***

## CHALK ART

Campers will use chalk to create unique drawings , chalk facilitates excellent color control and blending abilities.

## TIE DYING

Campers will learn how to create abstract paintings.

## LANYARD

Campers will learn how to make lanyard bracelets and keychains.

## TISSUE PAPER CRAFTS

campers will used tissue paper to create flowers, sun catchers, butterflies, and coasters

## PAPIER MÂCHÉ

Bowls, lanterns, ornaments, jewelry, and dinosaur eggs are just a few of the options campers will create using paper, fabric, and glue!

## DRAWING

Campers will learn to use different ways to create drawings, using techniques of producing images on a surface usually paper. They will use different types of drawing utensils which include , but not limited to ink, chalk, marker, paint, or crayon.

## PAINTING

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## BACKYARD GAMES

**\*\* New for 2022\*\*** (Spikeball, Latterball, Cornhole, & more!)

Kan-Jam, cornhole, ladder toss and horseshoes are some of the activities you will find in the backyard games.

## HIT THE DECK

Safe game of dodgeball. Instead of trying to hit your friends with the ball, you have to try and outsmart them by knocking down their bowling pins.

## KEEP IT UP

Each group stays within the activity area and plays a game of "keep it up" by hitting a ball into the air to pass it to each other. Campers work together to prevent the ball from hitting the floor.

## SCAVENGER HUNTS

**\*\* Enhanced for 2022\*\***

Campers will be given a list and then scavenge around and find, smell or do all of the things on their list.

## SEL BASED TEAM BUILDING ACTIVITIES

Team building activities are an easy way to engage campers and support campers who struggle with communication and social skills.

## STORY TIME



**\* (Lower Camp)**

Campers will be transported into far away lands during story time. They will have fun with stories, songs, and more, that encourage development of early literacy skills in young children.

## GA-GA

Ga Ga is played in a huge octagon put using a foam dodgeball. Players can hit the ball with their hands but can't pick up the ball and throw it. IF the ball touches a player from the knows down they are out. Last player in the out wins.

## CAPTURE THE FLAG

Capture the Flag is a classic team game played indoors or outdoors. Two teams each have their own color flag placed in their "home base." The objective is to steal the other team's flag and take it to their own base. Players can tag or capture opposing players if they enter enemy territory.

## DODGEBALL THEMED GAMES

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## CAMPER CHOICE TIME

During the week, campers will have the opportunity to CHOOSE the activities in which they'd like to participate!

## NATURE WALKS ALONG OUR SPECIAL AQUADUCT

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## DANCE

Campers will enjoy learning dances such as: Cha Cha Slide, Cotton Eye Joe and the Cupid Shuffle.

## DRAMA

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## MUSIC

\* (Lower Camp)

Campers will sing, and play with musical instruments. They will learn about rhythm and beats while also learning about different genres of music.

## RUNNING BASES

Two kids would be selected to be "it", one at each base. The other kids would divide and go to the bases. The game started by the two kids who were "it" tossing the ball to each other. The object of

## COLOR WAR!!

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## PEDAL CAR RACES

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## ROCK PAPER SCISSORS SHOWDOWN

Hula Hoop Showdown: This game takes Rock, Paper, Scissors to a whole new level! Students must jump into each hoop to move across the board. Their goal is to make it to another team's cone in order to earn one of their tokens to take back to their team's bucket. As the student is jumping, they can come head to head with another student.

## STEAL THE BACON

The person who gets the "bacon" first tries to run across his/her team's goal line without being tagged. The person whose number was called who did not get the "bacon" should try to tag the other player before they get across the goal line. Once someone is tagged or gets across their goal line, the round is over.

## TAG GAMES

Campers will enjoy playing many different types of tag such as: Freeze Tag, Turtle Tag, Blob Tag, Link Tag and Bandage Tag.

\*\* Enhanced for 2022\*\*

## ULTIMATE FRISBEE

Ultimate is a non-contact, self-refereed team sport played with a flying disc frisbee. The aim of the game-Two teams of seven players compete on a playing field about the same length as a football field, but narrower. At each end of the playing field there is an end zone. Each team defends one end zone.

## FOUR SQUARE

Four square is a ball game played among four players on a square court divided into quadrants. The objective of four square is to eliminate other players to achieve the highest rank on the court, and this is done by bouncing the ball back and forth between quadrants.

## KNOCKOUT

Knockout (is a fun basketball game that a team or a group of friends can play as a way to increase common basketball skills such as free throw shooting and rebounding.

## OBSTACLE COURSE OF ALL DESIGNS

Campers will run through a series of challenging physical obstacles an individual, or team usually while being timed. Obstacle courses can include running, climbing, jumping, crawling, swimming, and balancing elements with the aim of testing speed, endurance and agility.

**\*\* Enhanced for 2022\*\***

## GAME ROOM

Campers can play checkers, chess, Connect Four, Uno. This activity room encourages socialization and friendly competition.

## GARDENING

Campers will learn how to plant and care for a little garden of their own .

**\*\* New for 2022\*\***

## LEGO ROOM

Campers will use their imagination to build whatever you can dream of or choose to build from the many Lego kits like a pirate ship, robots, house and more We have beginner Lego sets to expert sets.

## YOGA

Various styles of yoga combine physical postures, breathing techniques, and meditation or relaxation. It involves movement,

## DANCE

Campers will enjoy learning dances such as: Cha Cha Slide, Cotton Eye Joe and the Cupid Shuffle.

## DRAMATIC PLAY IMAGINATION



A type of play in which children assume various roles and act them out. Dramatic play engages the imagination, builds confidence, and pre-pares young campers to tackle real life situations.

## GO KARTS



Campers can drive a Go Kart around our track .. Flags are used to signal to campers when to go and when to slow down.

## MARTIAL ARTS

Campers will learn an array of skills such as: Increased focus and concentration, self confidence, respect, making friends and improved social

## IMAGINATION PLAYGROUND



Campers will play with big foam blocks that are basically a portable playground that can turn any space into a place for learning, social interactions, and open-ended play.

## INSTRUCTIONAL & FREE SWIM

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## MARTIAL ARTS

Campers will learn an array of skills such as: Increased focus and concentration, self confidence, respect, making friends and improved social

## SOCCER

Learn the basic of passing, kicking, and defense. Campers will strengthen their skills through scrimmages and games. Join us on the soccer field for this high-energy game!

## BASKETBALL

Basketball is a game played between two teams of five players each on a rectangular court, usually indoors. Each team tries to score by tossing the ball through the opponent's goal, an elevated horizontal hoop and net called a basket. Campers will learn to play "Knock Out", "Horse" as well as traditional basketball.

## BASEBALL

Baseball is a bat-and-ball game played between two opposing teams, of nine players each, that take turns batting and fielding. The game proceeds when a player on the fielding team, called the pitcher, throws a ball which a player on the batting team tries to hit with a bat.

## KICKBALL

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## WIFFLEBALL

Similar rules to softball but the game is played with a plastic bat and plastic ball. When the wiffleball is hit over the "fence" it's an automatic

## FLAG FOOTBALL

Flag football is played with two teams of 5-8 players who attempt to score points by moving the ball down the field across the goal line. The team with the most points at the end of regulation time is the winner.

## TRACK & FIELD

Build running stamina, throw a rock javelin, jump hurdles up on the Great Hill (or in the gym on rainy days!)

## 3D PRINTING

Capture It In 3D will be running a weeklong workshop where you will learn everything you need to know to design and 3D print your own creations

## SCRATCH & CODING TIME

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## BOTTLE ROCKET SCIENCE

launcher powered by a hand bicycle pump or small compressor fills a plastic pop bottle rocket with compressed air. When the bottle is released from the launcher, air escapes the bottle

## LEGO CHALLENGE

Is a simple prep, fun way to sneak some STEM learning (science, technology, engineering and math) into the day. With cards that range from easy to difficult, little engineers will love tackling the designs.





# Visitors / Special Events

**HOLLYROCK INTERACTIVE GAMESHOW**

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**MAD SCIENCE!**

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**WESTCHESTER CIRCUS ARTS**

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**BUBBLE BUS**

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**CARLOS MENDES & THE CM4 SOCCER ACADEMY**

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**MAGICIAN DAVID LEVITAN**

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**EDGE MARTIAL ARTS ACADEMY**

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**SMALL ANIMAL PETTING ZOO**

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\* (Lower Camp)